

MET EXPRESS INFORMATION SHEET

HIRING REQUIREMENTS

SOLO COMPANY DRIVERS

AGE: Minimum Age 21 Years Old

EXPERIENCE

- One (1) year of verifiable driving experience which can be a combination of OTR/Regional/Local, in the past three (3) years.
- Three (3) months of verifiable OTR experience in the past year *AND* at any time completed an accredited school or carrier-approved training program.
- Six (6) months verifiable local experience or a combination of OTR/Regional/Local, in the past year *AND* at any time completed an accredited school or carrier-approved training program.

TYPES OF RUNS

REGIONAL: Monday - Friday, Home Weekends for 48 Hours. No Further North than Lower Maine, No Further South than Atlanta and No Further West than IL/IN. Driver's Gross \$1,300 - \$1,400 Weekly.

OTR: Home Every Other Weekend for 48 Hours. No further North than Lower Maine, No further South than Atlanta and No Further West than HOU/DAL. Driver's Gross \$1,450 - \$1,550 Weekly.

PAY

.68 - .71 CPM AVERAGE

(Adjusting Pay Scale)

WEEKLY MINIMUM: \$1,200 Paid Weekly every Friday either through a live Check or Direct Deposit.

EQUIPMENT TYPE

FREIGHTLINERS

CASCADIA'S ALL AUTOMATIC

2020, 2021, 2022, 2023, 2024, 2025

TRUCK ADDITIONS: Sirius XM, Refrigerator, 1500 Watt Inverter, Flat Screen, No Slip Seat, Governed at 62 - Pedal at 64 - Cruise, Pass Smart is 67 for 30 Mins Max Per Day, Qualcomm, NaviGo Navigation

TYPES OF FREIGHT: Dry Van

DROP & HOOK: 60%

NO TOUCH FREIGHT: 100%

PET POLICY: One Dog Per Truck

RIDER POLICY: One Rider at a Time. Family Member 18 Years or Older. Cost \$5 Per Week.

BENEFITS: After 60 Days Optional Benefits Begin. Health, Vision, Dental, and 401K with Company Match.